PLANT FACT SHEET

Laportea cuspidata (Wedd.) Friis

GENUS *Laportea* **FAMILY** Urticaceae

COMMON NAMES Miyama-irakusa

EDIBLE PARTS AND USES

Edible parts: Leaves, Stems, Flowers

The young leaves and stems are eaten as soup.

DESCRIPTION

A herb The roots can form tubers or fattened roots 5-10 cm long. The stems are slightly woody at the base. It grows up to 1.5 m tall.

HABITAT

It is a subtropical or temperate plant. In Sichuan. It grows in shaded moist places between 800-2,700 m above sea level.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7717adde-702c-4fc6-9d9e-bf8809e52a38