PLANT FACT SHEET

Salmea sp.

GENUS *Salmea* **FAMILY** Asteraceae

COMMON NAMES Palito de Chile

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are cooked and eaten with beans.
The tender tips of the stems can be eaten raw.

DESCRIPTION

A shrub up to 1 m tall. The flowers are white.

HABITAT

It is a subtropical plant.

REFERENCES

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 41

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/772b9284-7f6b-4cfb-b749-1c91679ac424