PLANT FACT SHEET

# *Hedyosmum nutans* Sw.

**GENUS** *Hedyosmum* **FAMILY** Chloranthaceae

## EDIBLE PARTS AND USES

**Edible parts:** Leaves - tea

## DESCRIPTION

A shrub. It grows 1-5 m tall. The young stems are 4 sided. The leaves are sword shaped and 5-14 cm long by 1-3 cm wide. They taper to the tip.

## HABITAT

It is a tropical plant.

## REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 408

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/772c5d53-2b31-4b09-9f96-5410c7f22868