PLANT FACT SHEET

Brickellia californica A. Gray

GENUS *Brickellia* **FAMILY** Asteraceae

COMMON NAMES Californian brickellbush

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are used to make a tea like drink.

DESCRIPTION

A shrub. It can grow up to 2 m tall. The leaves are triangle shaped and have teeth along the edge. The leaves are 1-6 cm long. The flowering shoots are at the end of the stem branches and have many small leaves and narrow flower heads.

HABITAT

It is a Mediterranean climate plant. It grows below 2,700 m above sea level.

NOTES

Medicine,

REFERENCES

Beckstrom-Sternberg, Stephen M., and James A. Duke. "The Foodplant Database." http://probe.nalusda.gov:8300/cgi-bin/browse/foodplantdb.(ACEDB version 4.0 - data version July 1994) (As Coleosanthus californicus)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/77348649-8d1d-4b39-b3f2-c50326213862