PLANT FACT SHEET

Lupinus polyphyllus Lindl.

GENUS *Lupinus* **FAMILY** Fabaceae

COMMON NAMES Bigleaf lupine

EDIBLE PARTS AND USES

Edible parts: Root

The roots are eaten fresh or steamed.

DESCRIPTION

A herb. It keeps growing from year to year. It grows 0.5-1.5 m tall. The leaves have 10-14 leaflets. The leaflets are 4-11 cm long by 1-2 cm wide. The pods are 4 cm long y 1 cm wide.

HABITAT

It is a temperate plant. In Argentina it grows between 500-1,500 m above sea level.

REFERENCES

http://www.botanic-gardens-ljubljana.com/en/plants

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 321

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/773a4524-876d-4bec-a567-b68cb94766ba