PLANT FACT SHEET

Beta vulgaris var. saccharifera Alef.

GENUS *Beta* **FAMILY** Amaranthaceae

COMMON NAMES Sugarbeet

EDIBLE PARTS AND USES

Edible parts: Root

DESCRIPTION

An annual herb. It is a variety of beetroot. It is normally grown over 2 years. It has pale coloured, sweet roots.

HABITAT

It is a temperate plant. It suits hardiness zones 5-10.

PRODUCTION

Cultivation

Plants are grown from seed.

NOTES

Probably all Beta are one species and 2 main forms - Cicla - for leaves, and Contiva - for roots.
Also put in the family Chenopodiaceae.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/77436063-9ff9-4d59-bec5-0e0d057926ec