PLANT FACT SHEET

Inga subnuda Salzm. ex Benth.

GENUS *Inga* **FAMILY** Fabaceae

EDIBLE PARTS AND USES

Edible parts: pod, Seeds

The seed are cooked and eaten.
The pod pulp is sweet and edible.

DESCRIPTION

A tree. The fruit is a long pod. It has ridges along it.

HABITAT

It is a tropical plant. It suits the wet tropics.

PRODUCTION

Cultivation

Plants grow easily from fresh seeds. Seeds germinate in 1-2 weeks given moisture and shade.

NOTES

Also as Mimosaceae.

REFERENCES

Andrare, G. M. M., et al, 2023, Plantas Alimenticias Nao Convencionais (PANC) Nos Levantamentos Etnobotanicos do Brazil. Novos Cadernos NAEA v. 25 No. 2 p 210

Fouqué, A., 1972, Espèces fruitières d'Amérique tropicale. Institut français de recherches fruitierès outre-mer

Gomes, L.C.A., et al, 2023, Patterns of use of wild food plants by Brazilian local communities: systematic review and meta-analysis. Journal of Ethnobiology and Ethnomedicine. 19:47 p 8

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/77487884-a6e2-406b-bae4-75298a953b1f