PLANT FACT SHEET

# *Ceropegia campanulata* G. Don

**GENUS** *Ceropegia* **FAMILY** Apocynaceae

## EDIBLE PARTS AND USES

**Edible parts:** Root, Leaves

The root is cooked and eaten.
The young leaves are cooked and eaten. They are used for flavouring.

## DESCRIPTION

A herb. It grows 15 cm tall from a tuber. The flowers are dark purple and 5 cm long.

## HABITAT

It is a tropical plant.

## NOTES

It is mostly water.

## REFERENCES

Ferns, Useful Tropical Plants.

Hahn, K., et al, 2018, The use of wild plants for food: a national scale analysis for Burkina Faso (West Africa). FVSS FoodPlants Supplement

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/77967f72-6da7-44cf-b5a5-4b44dcfbc1cc