PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Cyclachaena xanthiifolia (Nuttall)

GENUS *Cyclachaena* **FAMILY** Asteraceae

COMMON NAMES False ragweed, Rag sumpweed

EDIBLE PARTS AND USES

Edible parts: Seed

Caution,

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Tozer, F., 2007, The Uses of Wild Plants. Green Man Publishing. p 103 (As Iva xanthifolia)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/77aa6fb9-0392-4b15-9b68-3b0a010d891a