PLANT FACT SHEET

Cota palaestina Reut. ex Unger & Kotschy

GENUS *Cota* **FAMILY** Asteraceae

COMMON NAMES Oqhuwan

EDIBLE PARTS AND USES

Edible parts: Flowers - tea

The flowers are used for a herbal tea.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Ali-Shtayeh, M. S., et al, 2008, Traditional knowledge of wild edible plants used in Palestine (Northern West Bank): A comparative study. J Ethnobiol Ethnomed. 4: 13 (As Anthemis palestina)

Rivera, D. et al, 2006, Gathered Mediterranean Food Plants - Ethnobotanical Investigations and Historical Development, in Heinrich M, Müller WE, Galli C (eds): Local Mediterranean Food Plants and Nutraceuticals. Forum Nutr. Basel, Karger, 2006, vol 59, pp 18–74 (As Anthemis melanolepis)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/77bfbef0-8671-4992-aa7b-1c3b2e02a04a