PLANT FACT SHEET

# *Brassica juncea var. japonica* (Thunb.) L.H. Bailey

**GENUS** *Brassica* **FAMILY** Brassicaceae

**COMMON NAMES** Mizuna, Cut-leaf mustard

## EDIBLE PARTS AND USES

**Edible parts:** Leaves, Vegetable

The leaves have a sweet flavour with a taste of mustard.

## DESCRIPTION

A cabbage family herb. It has attractive feather like leaves.

## HABITAT

It is a warm temperate to subtropical plant. It suits reasonably moist conditions. It responds to fertiliser. It suits hardiness zones 9-11.

## PRODUCTION

### Cultivation

Plants are grown from seed. Plants should be placed 35 cm apart. The plants can be cut off at ground level and with appropriate fertiliser will regrow.

### Harvesting and Seed Production

The leaves can be harvested year round.

## NOTES

There are about 30 Brassica species and many cultivated varieties.

## REFERENCES


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**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/7803d9db-8536-4e5e-9608-7b983f76b0fc