PLANT FACT SHEET

Dittrichia graveolens (L.) Greuter

GENUS *Dittrichia* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves - drink

The leaves are used as a drink to preserve grapes.

DESCRIPTION

A herb. It has a strong smell. It grows 20-130 cm tall. The leaves are narrow and 3-7 cm long by 1-3 mm wide. There can be teeth along the edge. They taper to the tip.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Blanco-Salas, J., et al, 2019, Wild Plants Potentially Used in Human Food in the Protected Area "Sierra Grande de Hornachos" of Extremadura (Spain). Sustainability 2019, 11, 456

Bonet, M. A. & Valles, J., 2002, Use of non-crop food vascular plants in Montseny biosphere reserve (Catalonia, Iberian Peninsula). International Journal of Food Sciences and Nutrition (2002) 53, 225–248 (As Inula graveolens)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/78308c4d-08bd-4fae-ba80-8bb8a2283e5d