PLANT FACT SHEET

Sideroxylon americanum (Miller) Pennington

GENUS *Sideroxylon* **FAMILY** Sapotaceae

COMMON NAMES Cocuyo, Pigeon berry

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A spreading shrub or small tree. It can be 10 m high. The young branches have soft brown hairs. They can have spines. The leaves are mostly opposite. They are 0.8-6.5 cm long by 0.4-4 cm wide. They are usually broadly sword shaped or wedge shaped. The flowers have both sexes. They are white or cream coloured. They occur in the axils of leaves. The flower stalk is 3-5 mm long. The flowers have a strong scent. The fruit are 0.7-1.5 cm long. They are round or oval. The fruit ripen black or violet. There is one seed. It is 0.5-1.3 cm long. The fruit is edible.

HABITAT

A tropical plant. It is a coastal plant. It grows on dunes and arid cliffs.

PICTURES



Credit: Food Plants International (Bruce French)



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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/787437a3-ab9d-4246-be47-ad6258b6a9c7