PLANT FACT SHEET

Hedyosmum brasiliense Mart.

GENUS *Hedyosmum* **FAMILY** Chloranthaceae

COMMON NAMES Cavatinga, Vatinga

EDIBLE PARTS AND USES

Edible parts: Leaves - flavouring, Spice, Tea, Fruit

The leaves are used as a spice. They have a peppermint-like taste. They are used to make tea drinks.

DESCRIPTION

A shrub. It grows 1-3 m tall. The leaves are narrowly oval and have teeth along the edge. The fruit are pale green.

HABITAT

It is a tropical plant. It suits the wet tropics.

REFERENCES

Maezumi, S. Y., et al, 2018, The legacy of 4,500 years of polyculture agroforestry in the eastern Amazon. Open Research Exeter. p 39

Seidemann J., 2005, World Spice Plants. Economic Usage, Botany, Taxonomy. Springer. p 173

www.colecionandofrutas.org

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7896b68e-dc8c-43f2-9453-cf8407bed27d