PLANT FACT SHEET

Vitis triloba Roth

GENUS *Vitis* **FAMILY** Vitaceae

COMMON NAMES Lakom

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit are eaten as a vegetable. They are sour and are used for flavouring.
Caution: The fruit irritates the mouth if eaten raw.

DESCRIPTION

A vine.

HABITAT

It is a tropical plant.

REFERENCES

Hoe, V. B. & Siong, K. H., 1999, The nutritional value of indigenous fruit and vegetables in Sarawak. Asia Pacific J. Clin. Nutr. 8(1):24-31

Shaffiq, A. M., A., et al, 2013, Marketable wild fruits of Sarawak, Borneo: Their mode of consumption, uses and sugar profiles. Indian Journal of Traditional Knowledge. Vol 12(2): 195-201

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/78b1e1c2-0ae3-47d0-9c2b-66c5183d40da