PLANT FACT SHEET

Sparganium erectum subsp. stoloniferum (Graebn.)

Buch.-Ham. ex Juz.

GENUS *Sparganium* **FAMILY** Typhaceae

EDIBLE PARTS AND USES

Edible parts: Seeds, leaves, Roots

DESCRIPTION

An erect plant. It can be floating or emerge above the water. It grows 30-120 cm high. The leaves are narrow and 15-20 mm wide. They are 3 angled. The male and female flowers are separate on the same plant. The seed balls are on zigzag stalks. The fruit are angled.

HABITAT

A temperate plant.

REFERENCES

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Romanowski, N., 2007, Edible Water Gardens. Hyland House. p 115 (As Sparganium stoloniferous)

Urgamal, M., Oyuntsetseg, B., Nyambayar, D. & Dulamsuren, Ch. 2014. Conspectus of the vascular plants of Mongolia. (Editors: Sanchir, Ch. & Jamsran, Ts.). Ulaanbaatar, Mongolia.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/78cd7eb1-935d-4cb0-bd0c-9ba0455e4940