PLANT FACT SHEET

Heliconia pogonantha Cufod.

GENUS *Heliconia* **FAMILY** Heliconiaceae

COMMON NAMES Mune

EDIBLE PARTS AND USES

Edible parts: Leaves, Shoots

DESCRIPTION

A herb. It grows 3.5-4.5 m tall. The leaf stalks are about 1 m long. The leaves are broadly oblong and rounded at the base. They are 1.5-2 m long by 50 cm wide. The flowers hang down. They are red and curved backwards. The fruit are 1 cm long and bluish.

HABITAT

It is a tropical plant. It grows in wet forest. Cairns Botanical Garden.

PICTURES



Credit: Food Plants International (Bruce French)

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/78da63c4-440c-4354-877a-6604c588c502