PLANT FACT SHEET

Sideritis bilgeriana P. H. Davis

GENUS *Sideritis* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

A

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Gunes, S. et al, 2018, Survey of wild food plants for human consumption in Karaisali (Adana-Turkey). Indian Journal of Traditional Knowledge. Vol. 17(2), April 2018, pp 290-298

Kocak, S. & Ozhatay, N., 2013, Wild Edible Plants in Karaman (Southern Turkey), J. Fac. Pharm. Istanbul. 43(1) s 21-32

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/790998f2-cc9c-4661-afdd-1fc8f162c426