PLANT FACT SHEET

Proboscidea fragrans (Lindl.) Decne

GENUS *Proboscidea* **FAMILY** Martyniaceae

COMMON NAMES Fragrant Devil's Claw

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds, pod

The half mature seed pods are cooked and eaten. They are also pickled.
The soft immature seeds are eaten raw or roasted and ground into a paste.
The young leaves are boiled and eaten.

DESCRIPTION

A herb.

HABITAT

It is a subtropical plant.

NOTES

There are 9 Proboscidea species.

REFERENCES

Ann. Sci. Nat. Bot. ser. 5, 3:326. 1865

Beckstrom-Sternberg, Stephen M., and James A. Duke. "The Foodplant Database." http://probe.nalusda.gov:8300/cgi-bin/browse/foodplantdb. (ACEDB version 4.0 - data version July 1994) (As Martynia fragrans)

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 148 (As Proboscidea lousianica ssp. fragrans)

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 404 (As Martynia fragrans)

Heywood, V.H., Brummitt, R.K., Culham, A., and Seberg, O. 2007, Flowering Plant Families of the World. Royal Botanical Gardens, Kew. p 203

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 702

Kiple, K.F. & Ornelas, K.C., (eds), 2000, The Cambridge World History of Food. CUP p 1874

Lazarides, M. & Hince, B., 1993, Handbook of Economic Plants of Australia, CSIRO. p 198

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 436

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

Southw. Naturalist 28:448. 1983 (As Proboscidea lousianica ssp. fragrans)

Terra, G.J.A., 1973, Tropical Vegetables. Communication 54e Royal Tropical Institute, Amsterdam, p 68

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/791ac6c6-650a-47df-b7c6-404f1ce75255