PLANT FACT SHEET

Ferula licentiana var. tunshanica (S.W.Su) R.H.Shan & Q.X.Liu

GENUS *Ferula* **FAMILY** Apiaceae

COMMON NAMES Tong shan asafetida

EDIBLE PARTS AND USES

Edible parts: Leaves, Roots

The young plants are gathered in early spring and dipped in boiling water, washed in cold water and seasoned for used in salads.
The root is fleshy and is gathered in autumn, cleaned, partly dried and pickled for use in winter as a vegetable.

DESCRIPTION

A herb. It is smooth and greyish. It keeps growing from year to year. It grows 1.5 m high. The stem is branched 50 cm above the ground. The lower leaves are divided 3 or 4 times. The outer segments are 1.5 cm long by 1 cm wide. They have lobes along their length. The leaf stalks are 10-16 cm long. The flowers are small and in compound groups.

HABITAT

It is a temperate plant. It is native to eastern China. It grows in rock crevices.

REFERENCES

Hu, Shiu-ying, 2005, Food Plants of China. The Chinese University Press. p 596 (As Ferula tunshanica)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7934d06e-9b19-461e-a697-fdf3a487534a