PLANT FACT SHEET

Salvia frigida Boiss.

GENUS *Salvia* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Shoots, Stems

The stems are peeled and then eaten.

DESCRIPTION

A herb. It is small and is 30 cm tall with its flowering stem. The leaves at the base are 6 cm long. They are hairy. The flowers are 2.5 cm across and white or pink. The grow in rings of 2-6.

HABITAT

It is a temperate plant. It grows between 900-2,500 m above sea level

REFERENCES

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

Yesil, Y. & Akalin, E., 2011, The Use of Wild Edible Plants in Kurecik (Akcadag/Malatya) J. Fac. Pharm. Istanbul p 100

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7941d44f-bbf5-46f9-822c-cb2b78d723f8