PLANT FACT SHEET

Kandelia candel (L.) Druce

GENUS *Kandelia* **FAMILY** Rhizophoraceae

COMMON NAMES Candel, Five-petaled mangrove

EDIBLE PARTS AND USES

Edible parts: Root, Seeds

The young root has been used as food.

DESCRIPTION

An evergreen shrub. It grows 1-3 m high. The branches have distinct scars. The leaves are opposite and broadly oval. They are 4-11 cm long by 2-5 cm wide. The flowers are white. They have a half round or cup shaped ring where the petals and sepals join. The sepals are fleshy and the petals bend backwards. They have 2 deep lobes. The fruit are oval and fleshy. They are 1 cm long. There is one viable seed.

HABITAT

It is a subtropical plant. It grows in shallow waters in the estuaries in Hong Kong. It grows in mangroves.

NOTES

There are two or possibly only one Kandelia species.

REFERENCES

Hu, Shiu-ying, 2005, Food Plants of China. The Chinese University Press. p 574

Mallick, S. N., et al, 2020, Ethnobotanical study of wild edible food plants used by the tribals and rural populations of Odisha, India. Plant Archives Vol. 20, No. 1, 2020 pp. 661-669

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