PLANT FACT SHEET

Sargassum fluitans (Borgesen) Borgesen

GENUS *Sargassum* **FAMILY** Sargassaceae

EDIBLE PARTS AND USES

Edible parts: Seaweed, Algae

It is boiled for a few minutes then eaten or added to other foods.

DESCRIPTION

A seaweed.

HABITAT

It is a tropical plant.

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7977ce5d-ecba-4837-99fc-a73e2143cfbd