PLANT FACT SHEET

Centaurea chamaerhaponticum Ball.

GENUS *Centaurea* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Root - spice

The roots are dried and used as a spice.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

NOTES

There are 400 to 600 Centaurea species.

REFERENCES

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 178

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

Tbatou, M, et al, 2016, Wild Edible Plants traditionally used in the countryside of El Jadida, Coastal Area in the Center of Morocco. Life Sciences Leaflets 75:28-48

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/79848a05-223f-49c5-82a7-d5c5f231850f