PLANT FACT SHEET

Cota wiedemanniana (Fisch. & C. A. Mey.) Holub.

GENUS *Cota* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Flowers - tea

The flowers are used for a herbal tea.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Motti, R., et al, 2022, Edible Flowers Used in Some Countries of the Mediterranean Basin: An Ethnobotanical Overview. Plants. 2022, 11, 3272

Polat, R., et al, 2015, Survey of wild food plants for human consumption in Elazig (Turkey). Indian Journal of Traditional Knowledge. Vol. 1(1): 69-75 (As Anthemis wiedemanniana)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/79a034ce-8d39-4ee1-b6d5-2a852efd751d