PLANT FACT SHEET

Physostegia parviflora Nutt. ex A. Gray

GENUS *Physostegia* **FAMILY** Lamiaceae

COMMON NAMES Western false dragonhead

EDIBLE PARTS AND USES

Edible parts: Seeds

DESCRIPTION

A herb. It grows 20-60 cm tall. The leaves can have teeth around the edge. The flowers are purple and occur singly in the axils.

HABITAT

It is a temperate plant.

NOTES

Also put in the family Scrophulariaceae.

REFERENCES

Beckstrom-Sternberg, Stephen M., and James A. Duke. "The Foodplant Database." http://probe.nalusda.gov:8300/cgi-bin/browse/foodplantdb.(ACEDB version 4.0 - data version July 1994) (As Moldavica parviflora)

N. L. Britton & A. Brown, Ill. fl. n. U.S. ed. 2, 3:114. 1913 (As Moldavica parviflora)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/79cab846-57f0-4897-9244-1a482612af5d