PLANT FACT SHEET

Cola griseiflora De Wild.

GENUS *Cola* **FAMILY** Malvaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - flavouring, Fruit, Seed - spice

DESCRIPTION

A tree. It can grow 25 m tall. The trunk can be 30 cm across. The leaf stalk is 16 cm long. The leaves are alternate and simple. They are 6-30 cm long by 2-16 cm wide. The fruit consists of follicles. These are oval and 6 cm long by 3.5 cm wide.

HABITAT

It is a tropical plant. It grows up to 800 m above sea level.

REFERENCES

PROTA4U

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/79e9f3ad-0df2-4bf4-909a-b57f87753949