PLANT FACT SHEET

Bafodeya benna (Scott-Elliot) Prance ex F. White

GENUS *Bafodeya* **FAMILY** Chrysobalanaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A tree. It grows 10-14 m high. The bark is rough. The branches are thickly hairy. The leaves are 10 cm long by 6 cm wide. They are in dense groups. The fruit are fleshy and 2 cm across. They are brown.

HABITAT

A tropical plant. It grows in savannah regions. It suits the seasonally dry tropics.

NOTES

There are about 50 Parinari species. They grow in the tropics.

REFERENCES

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 152 (As Parinari benna)

J. Linn. Soc., Bot. 30:78. 1894 (As Parinari benna)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/79eca5f0-1b54-4cb4-9ca3-c95cec0b447c