PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Croton joufra Roxb.

GENUS *Croton* **FAMILY** Euphorbiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are used as a starter cake as an inoculant.

DESCRIPTION

A shrub.

HABITAT

It is a subtropical plant.

REFERENCES

Phangchopi, U., et al, 2015, Diversity of wild edible plants in Marat Longri Wildlife Sanctuary, Assam. Indian Journal of Natural Products and Resources Vol. 6(4), December 2015 pp. 305-313

Teron, R. & Borthakur, S. K., 2016, Edible Medicines: An Exploration of Medicinal Plants in Dietary Practices of Karbi Tribal Population of Assam, Northeast India. In Mondal, N. & Sen, J.(Ed.) Nutrition and Health among tribal populations of India. p 151

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/79f748be-043c-4690-a4c9-70130d55b480