PLANT FACT SHEET

Aquilegia vulgaris L.

GENUS *Aquilegia* **FAMILY** Ranunculaceae

COMMON NAMES Columbine

EDIBLE PARTS AND USES

Edible parts: Flowers - nectar, Leaves, Flowers

The flowers are sucked for their nectar. The flowers are also used in salads.
The young leaves are used for flavour in salads and also lightly steamed.

DESCRIPTION

A herb. It is tall and branched and grows for a few years. It grows 70 cm tall and 30 cm wide. The flowers are blue.

HABITAT

It is a temperate or Mediterranean plant. In Argentina it grows from sea level to 1,000 m above sea level. It suits damp meadows.

PRODUCTION

Cultivation

Plants are grown from seeds. They need a cold treatment over winter.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7a01d901-ae74-45e5-a63d-e950329c6b18