PLANT FACT SHEET

# *Aster fastigiatus* Fisch.

**GENUS** *Aster* **FAMILY** Asteraceae

## EDIBLE PARTS AND USES

**Edible parts:** Leaves

## DESCRIPTION

A herb.

## HABITAT

It is a cool temperate plant.

## NOTES

There are about 250 Aster species.

## REFERENCES

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/7a01d952-7a2f-4fa7-af86-fffd72404bfe