PLANT FACT SHEET

Ipomoea sinensis subsp. blepharosepala (Desr.) Choisy,

(Hochst. ex A. Rich.) Verdc. ex A. Meeuse

GENUS *Ipomoea* **FAMILY** Convolvulaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten raw or cooked. If cooked the water is changed to remove the strong sour taste.

DESCRIPTION

A herb or creeper. It keeps growing from year to year. It puts up annual shoots several metres long. These are twining or trailing. The leaves are light green. They are 4 cm long by 2 cm wide. The base is deeply lobed and it tapers to the tip. The flowers are white with a pink centre. They can occur singly or in clusters.

HABITAT

It is a tropical plant. It grows on alluvial soils, sands and loams. It can grow in seasonally waterlogged soils. It grows between 5-1,450 m above sea level. It can grow in arid places.

REFERENCES

Leger, S., 1997, A Description of Today's Use of Plants in West Bushmanland (Namibia). German Development Service. PO Box 220035, 14061 Berlin, Germany. http://www.sigridleger.de/book/

Royal Botanic Gardens, Kew (1999). Survey of Economic Plants for Arid and Semi-Arid Lands (SEPASAL) database. Published on the Internet; http://www.rbgkew.org.uk/ceb/sepasal/internet [Accessed 14th April 2011]

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