PLANT FACT SHEET

Phycodrys rubens (Linnaeus) Batters

GENUS *Phycodrys* **FAMILY** Delesseriaceae

EDIBLE PARTS AND USES

Edible parts: Seaweed, Algae

DESCRIPTION

A seaweed. A red marine algae up to 30 cm long.

HABITAT

It is a temperate plant.

REFERENCES

Cherry, P., et al, 2019, Risks and benefits of consuming edible seaweeds. Nutrition ReviewsVR Vol. 77(5):307–329

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7ac824ad-dd9f-4cc5-b392-e8c36977ff8e