PLANT FACT SHEET

Aframomum verrucosum Lock

GENUS *Aframomum* **FAMILY** Zingiberaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit including seeds are eaten raw.

DESCRIPTION

A ginger family plant. It is a herb that keeps growing from year to year. It has extensive rhizomes that are 4-6 mm thick. The leafy shoots are 2-3 m tall. The leaves are narrowly oval and 25-30 cm long by 6-7 cm wide. The base is rounded. There are 2-4 flowers on the flowering stalk. The flowering shoot is 5-30 cm long and comes from the base of the leafy shoots. The petals are pale red. The fruit are oval and 9 cm long. There is a beak at the end. The fruit are red and shiny and have ridges along them. The seeds are angular and 4-5 mm long by 3-4 mm wide. They are a dull dark brown.

HABITAT

It is a tropical plant. It grows in swampy forest. It grows up to 1,100 m above sea level.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7af21395-4b7b-45aa-9470-7d63e47faafc