PLANT FACT SHEET

Sorindeia warneckei Engl.

GENUS *Sorindeia* **FAMILY** Anacardiaceae

EDIBLE PARTS AND USES

Edible parts: fruit

The fruit are eaten raw.

DESCRIPTION

A climbing shrub or small tree. The fruit is yellow but ripens to black. The pulp is sweet and edible.

Probably now Sorindeia grandifolia Engl.

HABITAT

A tropical plant. It grows as an under-storey plant in forests in West Africa.

REFERENCES

Abbiw, D.K., 1990, Useful Plants of Ghana. West African uses of wild and cultivated plants. Intermediate Technology Publications and the Royal Botanic Gardens, Kew. p 48

Boedecker, J., et al, 2014, Dietary contribution of Wild Edible Plants to women's diets in the buffer zone around the Lama forest, Benin – an underutilized potential. Food Sec. 6:833–849

Burkill, H. M., 1985, The useful plants of west tropical Africa, Vol. 1. Kew.

Codjia, J. T. C., et al, 2003, Diversity and local valorisation of vegetal edible products in Benin. Cahiers Agricultures 12:1-12

Herb., E. A., 1981,

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 162

JSTOR Global Plants edible

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 53

Vivien, J., & Faure, J.J., 1996, Fruitiers Sauvages d'Afrique. Especes du Cameroun. CTA p 30

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7b16547c-3108-45fe-813b-3a754d0555d4