PLANT FACT SHEET

Gnetum paniculatum Spruce ex Benth.

GENUS *Gnetum* **FAMILY** Gnetaceae

COMMON NAMES Colombian jointfir

EDIBLE PARTS AND USES

Edible parts: Fruit, Seeds, Nuts

The seeds are roasted and eaten.
A starch can be extracted from the seeds. This is ground into flour and dried in the sun then fried as a cracker.

DESCRIPTION

A woody vine. The twigs have large lenticels (open groups of cells) that are dark brown. The leaves are leathery and narrowly oval and 17 cm long by 8 cm wide. They are unequal at the base and taper to the tip. They are dark green. The flowering shoots are in groups. The ripe seeds are oval and orange to red. They are 5 cm long by 3 cm wide. They have a thick fleshy layer on the outside.

HABITAT

It is a tropical plant.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7b2da6cb-088a-4e08-ad62-4d263a8ce64c