PLANT FACT SHEET

Symphoricarpos occidentalis Hook.

GENUS *Symphoricarpos* **FAMILY** Caprifoliaceae

COMMON NAMES Western Snowberry, Buckbush, Wolfberry

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit are eaten in times of scarcity.

DESCRIPTION

A small plant. It grows 25-100 cm high. It has creeping roots. The leaves are opposite and simple. They are oval or oblong and have a short leaf stalk. They are thick and leathery. They are 2.5-8 cm long. They have soft hairs underneath. The flowers are pinkish-white and small. They are 6 cm long. Several flowers occur together in clusters in the axils of the leaves. The fruit are a dull greenish-white berry.

HABITAT

It is a temperate plant. It grows in prairies and poplar woods.

NOTES

There are about 15 Symphoricarpus species.

REFERENCES

Beckstrom-Sternberg, Stephen M., and James A. Duke. "The Foodplant Database." http://probe.nalusda.gov:8300/cgi-bin/browse/foodplantdb. (ACEDB version 4.0 - data version July 1994)

Cormack, R. G. H., 1967, Wild Flowers of Alberta. Commercial Printers Edmonton, Canada. p 327

Fl. bor.-amer. 1:285. 1833

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 548

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

Stubbs, R. D., 1966, An investigation of the Edible and Medicinal Plants used by the Flathead Indians. MA thesis University of Montana. p 50

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7b4f2a76-d1de-4aea-b3b3-28280482ecf0