PLANT FACT SHEET

Ouratea arnoldiana De Wild. & Th. Durand

GENUS *Ouratea* **FAMILY** Ochnaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A small tree. It grows 2-10 m tall. The trunk is often fluted and irregular. The bark is reddish and fibrous. The leaves are 8-13 cm long by 3-4 cm wide. The flowers are in a group 8-18 cm long with 20 or more flowers.

HABITAT

A tropical plant. It grows in seasonally flooded meadows.

REFERENCES

Latham, P & Mbuta, A., 2017, Useful Plants of Central Province, Democratic Republic of Congo. Volume 2. Salvation Army p 136 (As Rhabdophyllum arnoldianum)

Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 208

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7b6f2361-516e-4221-958d-a5e9345df54e