PLANT FACT SHEET

Quercus faginea Lam.

GENUS *Quercus* **FAMILY** Fagaceae

COMMON NAMES Portuguese oak

EDIBLE PARTS AND USES

Edible parts: Fruit, Acorn, Nuts

The nuts are roasted and eaten.

DESCRIPTION

A tree. It grows 20 m tall. The trunk can be 80 cm across. It can lose many leaves during the year. The leaves are 4-10 cm long by 1-4 cm wide. They have a grey white coating underneath. There are 5-12 pairs of teeth along the edge. The acorns are 2-2.5 cm across.

HABITAT

It is a Mediterranean climate plant. It grows from sea level to 1,900 m above sea level.

REFERENCES

Tardio, J., et al, Ethnobotanical review of wild edible plants in Spain. Botanical J. Linnean Soc. 152 (2006), 27-71

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7b771408-6a10-4ddb-a72b-195765a738bd