PLANT FACT SHEET

Ocimum ovatum Benth.

GENUS *Ocimum* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are used as a potherb.

DESCRIPTION

A herb. The leaves are opposite and oval and have rounded teeth long the edge. The flowers are purple.

HABITAT

It is a subtropical plant. In Argentina it grows from sea level to 1,000 m above sea level.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 575

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7b8791a2-b705-4dab-91ae-048bac7037c7