PLANT FACT SHEET

Orthilia secunda (L.) House

GENUS *Orthilia* **FAMILY** Ericaceae

COMMON NAMES Sidebells wintergreen

EDIBLE PARTS AND USES

Edible parts: Seeds

DESCRIPTION

A herb or small shrub. It keeps growing from year to year. The stems are creeping, slender and branched. The leaves are narrowly oval and 2-3 cm long by 1.5-2 mm wide. There are teeth along the edge. They are pale underneath. The fruit is a capsule about 5 mm wide.

HABITAT

It grows in temperate and subarctic zones. In Pakistan it is found under conifers between 3,100-4,000 m altitude.

NOTES

It is also put in the family Pyrolaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7ba671cf-3e03-44a4-acf9-4813599a7005