PLANT FACT SHEET

Cycnogeton microtuberosus (Aston) Merring & Kaderiet

GENUS *Cycnogeton* **FAMILY** Juncaginaceae

COMMON NAMES Still water Water ribbon

EDIBLE PARTS AND USES

Edible parts: Tubers, Root, Seeds, Leaf stems

The fresh green seeds are eaten.
The tubers are roasted and eaten. They can be pounded into a paste.

DESCRIPTION

A herb that grows in water. It has strap like leaves. These can be erect of lie on the water surface. The leaves are narrow and 1.4 m long by 0.5-1.5 cm wide. They are dull green. The flower spike stands 8 cm above the water. The flower stem is succulent. The flower spike can have 100 small flowers 5 mm long by 4 mm wide. The ripe seeds are firm and crisp. The tubers are 10 cm long by 0.5-1.5 cm wide.

HABITAT

It is a subtropical plant. It grows in still freshwater ponds. It grows in the mud.

REFERENCES

Caton, J.M. & Hardwick, R. J., 2016, Field Guide to Useful Native Plants from Temperate Australia. Harbour Publishing House. p 178 (As Triglochin microtuberosa)

Hardwick, R.J., 2000, Nature's Larder. A Field Guide to the Native Food Plants of the NSW South Coast. Homosapien Books. p 122 (As Triglochin microtuberosa)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7bd3880e-6a18-4fdf-bddf-5bc627649eca