PLANT FACT SHEET

Laser trilobum (L.) Borkh.

GENUS *Laser* **FAMILY** Apiaceae

COMMON NAMES Gladich

EDIBLE PARTS AND USES

Edible parts: Seeds - flavouring, Root - spice, Fruit, Spice, Stems

The seeds are used as a spice or condiment. They are used in meat dishes.
The roots are also used as a spice.
The stems are eaten.
The water that the leaves is boiled in is drunk as a drink.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

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