PLANT FACT SHEET

Pleopeltis polypodioides (L.) E. G. Andrew & Windham

GENUS *Pleopeltis* **FAMILY** Polypodiaceae

COMMON NAMES Resurrection fern

EDIBLE PARTS AND USES

Some part of the plant is added to make teswino beer.

DESCRIPTION

A creeping fern. It grows 25 cm tall and 5 cm wide. It has a rhizome that attaches it to its host plant. The leaflets are deeply divided.

HABITAT

It is a tropical plant. It suits USDA zones 6-9.

PRODUCTION

Cultivation

It can be grown from spores or sections of the rhizome.

NOTES

Medicine,

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 676 (As Polypodium polypodioides)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7bffd6f3-0871-48c1-bc17-1e273cb36b9b