PLANT FACT SHEET

Layia glandulosa (Hook.) Hook. & Arn.

GENUS *Layia* **FAMILY** Asteraceae

COMMON NAMES Whitedaisy tidytips

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are ground into flour and mixed with other ground seeds to make a porridge.

DESCRIPTION

A bushy plant.

HABITAT

It is a temperate plant. It needs full sun and a well-drained soil.

NOTES

There are 15 Layera species. They grow in the USA.

REFERENCES

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7c2630a3-adca-4c2d-afad-be27682a53f6