PLANT FACT SHEET

Vicia disperma DC.

GENUS *Vicia* **FAMILY** Fabaceae

EDIBLE PARTS AND USES

Edible parts: Seeds

The unripe seeds are eaten raw.

DESCRIPTION

A climbing herb that grows each year from seed. The stems are 50 cm long. The leaves are 5-10 cm long and there are 10-20 narrow leaflets.

HABITAT

It is a temperate to subtropical plant,

REFERENCES

Morales, J. & Gil, J. M., Gathering in a new Environment: The Use of Wild Food Plants during the Colonisation of the Canary Islands, Spain (2nd-3rd Century BCE to 15th Century CE) p 224

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7c32246b-4bde-4876-99af-b68ecae2e942