PLANT FACT SHEET

# *Cola lateritia* K. Schum.

**GENUS** *Cola* **FAMILY** Malvaceae

**COMMON NAMES** Monkey kola (red), Bush cola

## EDIBLE PARTS AND USES

**Edible parts:** Fruit, Seeds, Leaves

The pulp of the fruit is eaten.
The seed is chewed.
The young leaves are eaten as a vegetable.

## DESCRIPTION

A tree. It grows 25-50 m tall. It loses its leaves during the year. The trunk is straight for about 30 m and 1-2 m wide at the base. The fruit are red.

## HABITAT

It is a tropical plant.

## PRODUCTION

### Harvesting and Seed Production

In Central African Republic flowers have been recorded January to March.

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