PLANT FACT SHEET

Lysimachia hemsleyana Maxim. ex Oliv.

GENUS *Lysimachia* **FAMILY** Primulaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It keeps growing from year to year. The stems lie along the ground and it grows to 90 cm long. The leaves are opposite and 2-4 cm long by 1-3 cm wide. The flowers occur singly in the axils of the leaves.

HABITAT

It is a subtropical plant. It grows near streams and clearings in woodlands between 400-1,600 m above sea level in southern China. In Sichuan.

REFERENCES

Kang, Y., et al, 2012, Wild food plants and wild edible fungi in two valleys on the Qinling Mountains (Shaanxi, central China) Journal of Ethnobiology and Ethnomedicine; 9:26

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7c55c4de-3ca7-4de4-bd41-2c6e54d6fc63