PLANT FACT SHEET

Alchemilla plicatula Gand.

GENUS *Alchemilla* **FAMILY** Rosaceae

COMMON NAMES Planinsli virnjak, Silvery lady's mantle

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The young leaves are cooked as a vegetable.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Redzic, S. J., 2006, Wild Edible Plants and their Traditional Use in the Human Nutrition in Bosnia-Herzegovina. Ecology of Food and Nutrition, 45:189-232

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7c65ecda-9c31-4bc0-b5ab-d5ff75caa7f5