PLANT FACT SHEET

Arrhenatherum elatius (L.) P. Beauv. ex J. Presl. & C. Presl.

GENUS *Arrhenatherum* **FAMILY** Poaceae

COMMON NAMES False oat-grass

EDIBLE PARTS AND USES

Edible parts: Stems

The stems are chewed as a children's snack.

DESCRIPTION

A grass. It forms loose tufts. The flowering stem is 1.25 m tall.

HABITAT

It is a temperate plant.

REFERENCES

Denes, A., et al, 2012, Wild plants used for food by Hungarian ethnic groups living in the Carpathian Basin. Acta Societatis Botanicorum Poloniae 81 (4): 381-396

Upson, R., & Lewis R., 2014, Updated Vascular Plant Checklist and Atlas for the Falkland Islands. Falklands Conservation and Kew.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7c665fb8-e216-4bc8-abb1-7ec110cebdd9